

CENTRAL ISLIP UNION FREE SCHOOL DISTRICT




HOWARD M. KOENIG, Ph.D.
SUPERINTENDENT OF SCHOOLS

CHRISTOPHER BROWN
ASST. SUPERINTENDENT, PERSONNEL

SHARON DUNGEE
ASST. SUPERINTENDENT, EDUCATION AND ADMINISTRATION

KEVIN M. MILLER
ASST. SUPERINTENDENT, BUSINESS ADMINISTRATION

LAWRENCE S. PHILIPS – lphilips@cischools.org
Director of Physical Education, Health, Athletics and Health Services

TO: NYSPHSAA Bowling Tournament Coaches
FROM: Lawrence S. Philips 
DATE: February 4, 2017
RE: 2017 NYSPHSAA Bowling Tournament (AMF Gates Lanes) Rochester, NY

Please remember the following:

- **ALL-STARS can wear Section XI shirts only if paid for by coaches association.**
- I will take team photos of each team that will be attending the State Championships. These pictures will be shot at the conclusion of the County Tournament. They will be used for the NYSPHSAA tournament souvenir program.
- Section XI Travel Permission Forms and the Home Travel Form should must completed and handed to coaches by February 22. I will collect them from the coaches on February 23.
- The State Championship Coordinators meeting will be Friday, March 3 at 8:00 p.m. I will bring information packets to coaches at the conclusion of the Coordinators meeting.
- The travel itinerary is attached. Remind your bowlers that the bus will leave at 5:00 a.m., **with or without them.**
- Admission to the NYSPHSAA Bowling Tournament is \$8.00. Remind parents that they are not permitted to carry in their own food or drink.
- Also attached are the memos I will give to the student-athletes and parents, the home travel form, hotel information, directions to the bowling center and directions to the Lexington Hotel – Rochester Airport (where Section XI is staying).
- NYSPHSAA Advertisement for Program – Each State Tournament Coach please get one ad (enclosed). Information is attached. Contact Don Knataitis (cpsportswear@hotmail.com) with questions. Deadline three weeks before the state tournament.

Thank you.

FYI: AMF Gates Lanes – 645 Spencerport Road Rochester, NY 14606
48 Lanes
Lane Surface: AMF SPL Synthetic Lane
Approach Surface: Wood
Lane Condition: Middle Road
Lane Machine: Kegel Walker

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LAWRENCE S. PHILIPS – lphilips@cischools.org
Director of Physical Education, Health, Athletics and Health Services

TO: State Tournament Bowlers
FROM: Lawrence S. Philips 
DATE: March 3, 2017
RE: 2017 NYSPHSAA Bowling Tournament (AMF Gates Lanes) Rochester, NY

Congratulations again on your achievement. You are representing Section XI, your school district, your family and yourselves. Act in an appropriate manner at all times. Some reminders:

- Section XI does not distribute meal money.
- Team representatives will be staying in the hotel **one night only**. Section XI all-stars will be staying in the hotel **two nights**.
- Admission to the NYSPHSAA Bowling Tournament is \$8.00 for parents, family, etc. Remember, you are not permitted to carry in your own food or drink into the bowling establishment.
- Let me know tonight (Friday) if you will **not** be going home on the bus. **The Home Travel Form (I have extras if needed) must be completed and handed to me. You may only go home with a parent, no exceptions.** All bowlers must bring their belongings to the bowling alley the day they bowl. Your parents can put the items in their vehicle, or your parents can pick them up from the hotel Saturday or Sunday morning.
- Curfew is at 10:30 p.m. *If I see you outside of your room at 10:31 p.m. or later you will not be permitted to bowl in the State Tournament.*
- It will be a coach's decision as to whether you eat as a team, with your family, or some combination. **All-stars - you must still go to the alley and watch on Saturday unless you are with a parent or under the supervision of a coach.**
- The team and all-star practice sessions are scheduled for 3:00 p.m. on Friday. Bowlers must be off the lanes by 5:00 p.m. There will be no practice Saturday after the team tournament.
- **When it is time to check out of the hotel you must give all room keys to me. I will check all rooms out; do not check out on your own. LEAVE THE ROOMS IN BETTER CONDITION THAN HOW YOU FOUND THEM.**
- See me at some point Friday if you have any questions or concerns. Thank you and good luck.
- **THIS IS WORTH REPEATING.** Congratulations again on your achievement. You are representing Section XI, your school district and your family. *Act in an appropriate manner at all times.*

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LAWRENCE S. PHILIPS – lphilips@cischools.org
Director of Physical Education, Health, Athletics and Health Services

TO: Parents of State Tournament Bowlers
FROM: Lawrence S. Philips 
DATE: February 4, 2017
RE: 2017 NYSPHSAA Bowling Tournament (AMF Gates Lanes) Rochester, NY

Congratulations on your child's success as a Section XI bowler. Making the NYSPHSAA Tournament is an exceptional accomplishment. Please carefully read the following:

- I will take team photos of each team that will be attending the State Championships. These pictures will be taken at the conclusion of the County Tournament. They will be used for the NYSPHSAA tournament souvenir program.
- The team bus will leave at exactly 5:00 a.m. on Friday, March 3, 2017 (see attached travel itinerary). **Your child must travel to the state tournament on the bus provided by Section XI. If your child does not ride on this bus he/she will not be eligible to compete UNDER ANY CIRCUMSTANCES – NO EXCEPTIONS.**
- Section XI Travel Permission Forms should be completed and handed to coaches prior to February 22. I will collect them from the coaches on February 23. **Student-athletes will not be allowed on the bus to the state tournament without this form being completed in its entirety.**
- Admission to the NYSPHSAA Bowling Tournament is \$8.00. Parents are reminded that they are not permitted to carry in their own food or drink into the bowling establishment.
- You may take your child home with you from the state tournament. The Home Travel Form (attached) must be completed and handed to me on or prior to March 3. You may only take your own child home. **No exceptions.**
- Also attached to this memo are directions to the bowling center, the Section XI Travel Permission Form and information about the Rochester area.

Please contact me with any questions. Thank you.

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LAWRENCE S. PHILIPS – lphilips@cischools.org
Director of Physical Education, Health, Athletics and Health Services

NYSPHSAA State Bowling Tournament Itinerary

Friday - March 3, 2017

- 4:30 AM: **ALL BOWLERS - Meet at Park & Ride off of LIE Exit 53 South (Wicks Rd.)**
The exact location is on the corner of Wicks Rd. and the LIE Service Rd. South.
- 5:00 AM: Bus departs (promptly)
- 1:30 PM: Bus arrives at Lexington Hotel – Rochester Airport
- 3:00 PM: Practice at AMF Gates Lanes (Both School Teams and All-Star Teams)
- 5:15 PM: Bus leaves AMF Gates Lanes for Lexington Hotel – Rochester Airport
- 8:00 PM: Bowling Coordinators meeting at Lexington Hotel

Saturday - March 4, 2017

- 9:00 AM: Tournament begins (School Teams)
- 5:30 PM: Bus departs AMF Gates Lanes (after School Team ceremonies - shared with Section VIII)
- 5:30 PM: **NO PRACTICE FOR ALL-STARS ON SATURDAY ACCORDING TO LANES**
- *1:30 AM: **SCHOOL TEAMS** bus arrives at **Park & Ride off of LIE Exit 53 South (Wicks Rd.)**
*arrival time is early morning of 3/5/17 and is approximate

Sunday - March 5, 2017

- 9:00 AM: Tournament begins (All-Star Teams)
- 2:30 PM: Bus departs AMF Gates Lanes (shared with Section VIII)
- *10:00 PM: **All-Star bus arrives at the Park & Ride off of LIE Exit 53 South (Wicks Rd.)**. The exact location is on the corner of Wicks Rd. and the LIE Service Rd. South.
*arrival time is approximate

AMF Gates Lanes
645 Spencerport Road
Rochester, NY 14606
(585) 426-0500
Contact: Michael Spear (GM)

Lexington Hotel – Rochester Airport
911 Brooks Avenue
Rochester, NY 14624
(585) 328-6000 or tkolb@innercirclehotels.com
Contact: Tricia Kolb

Bus Contact: John Romero (Boys Coach – Comsewogue) (516) 650-3685

- Section XI and Section VIII each take their own buses to Rochester on March 3, 2017
- Section XI and Section VIII will share a bus home after the team tournament on March 4, 2017 and the All-Star Tournament on March 5, 2017.
- Team representatives will stay at the hotel one night. All-Stars will stay at the hotel two nights.

Home Travel Form

- If you plan to have your child go home with you instead of Section XI transportation

I request to take **my child** home at the completion of the Team Championship or Section (All-Star) Championship. I will speak to the responsible coach prior to taking my child home to avoid any confusion. I understand that I am **only allowed to take my own child home and must take Section XI provided transportation to the tournament.**

THIS FORM MUST BE COMPLETED IN ITS ENTIRETY AND HANDED TO LARRY PHILIPS – SECTION XI BOWLING COORDINATOR.

Student's Name: _____

Student's School: _____

Parent Name: _____

Parent Signature: _____

Date: _____

YOUR TRIP TO:

645 Spencerport Rd, Rochester, NY, 14606-4817



6 HR 32 MIN | 384 MI

Est. fuel cost: \$26.80

CENTRAL ISLIP to AMF GATES LANES ROCHESTER



1. Start out going northwest on Wheeler Rd/County Hwy-17 toward McGowan Ln.

Then 0.49 miles ----- 0.49 total miles



2. Turn left onto Motor Pkwy/County Hwy-67.
If you reach Marlo Ln you've gone a little too far.

Then 1.30 miles ----- 1.79 total miles



3. Turn left onto Express Dr N.
Express Dr N is just past Express Dr S.

If you reach Old Willets Path you've gone a little too far.

Then 0.13 miles ----- 1.91 total miles



4. Merge onto I-495 W/Long Island Expy W via the ramp on the left.

Then 28.10 miles ----- 30.01 total miles



5. Take the Cross Is Pkwy N exit, EXIT 31N, toward Whitestone Br.

Then 0.46 miles ----- 30.47 total miles



6. Merge onto Cross Island Pkwy N.

Then 3.14 miles ----- 33.61 total miles



7. Merge onto I-295 N via EXIT 33 toward Throgs Neck Br/Bronx/New England
(Portions toll).

Then 3.10 miles ----- 36.71 total miles


















8. Keep left to take I-295 N/Cross Bronx Expy W toward I-95 S/Geo Washington Br.

Then 1.90 miles ----- 38.61 total miles



9. I-295 N/Cross Bronx Expy W becomes I-95 S.

Then 4.71 miles ----- 43.31 total miles

-  10. Keep left to take I-95 S toward **George Washington Br/Upper Level**
(Crossing into New Jersey).
----- Then 2.46 miles ----- 45.78 total miles
-  11. Keep left to take I-95 (EXPRESS) S/New Jersey Tpke S toward I-80/Paterson.
----- Then 2.62 miles ----- 48.40 total miles
-  12. Merge onto I-80 W via EXIT 69 on the left toward **Paterson**.
----- Then 22.38 miles ----- 70.78 total miles
-  13. Keep left to take I-80 (EXPRESS) W toward **Netcong/Del Water Gap**.
----- Then 2.01 miles ----- 72.79 total miles
-  14. I-80 (EXPRESS) W becomes I-80 W (Portions toll) (Crossing into Pennsylvania).
----- Then 61.94 miles ----- 134.73 total miles
-  15. Keep right to take I-380 N via EXIT 293 toward **Scranton**.
----- Then 23.61 miles ----- 158.34 total miles
-  16. Keep left to take I-380 N toward I-84 W/I-81/Scranton.
----- Then 4.06 miles ----- 162.40 total miles
-  17. Keep right toward **US-6 W/PA-347/Binghamton**.
----- Then 0.43 miles ----- 162.83 total miles
-  18. Merge onto I-81 N via the exit on the left toward **Binghamton** (Crossing into New York).
----- Then 58.33 miles ----- 221.16 total miles
-  19. Keep right to take I-81 N toward **Syracuse**.
----- Then 1.80 miles ----- 222.96 total miles
-  20. Keep left to take I-81 N toward **Syracuse**.
----- Then 70.00 miles ----- 292.96 total miles
-  21. Merge onto I-690 W toward **Fairgrounds/Baldwinsville**.
----- Then 8.75 miles ----- 301.71 total miles
-  22. Take the I-90 exit, EXIT 1, toward **Thurway**.
----- Then 0.76 miles ----- 302.47 total miles
-  23. Merge onto I-90 W/New York Trwy W toward **Buffalo** (Portions toll).
----- Then 61.22 miles ----- 363.69 total miles
-  24. Merge onto I-490 W via EXIT 45 toward **Rochester** (Portions toll).
----- Then 18.50 miles ----- 382.19 total miles



25. Merge onto NY-390 N/Rochester Outer Loop Hwy N via EXIT 9A toward NY-31/Lyell Ave.

Then 0.57 miles 382.75 total miles



26. Take the NY-31/Lyell Ave exit, EXIT 21.

Then 0.20 miles 382.96 total miles



27. Turn left onto Lyell Ave/NY-31. Continue to follow NY-31.

Then 1.45 miles 384.41 total miles



28. 645 Spencerport Rd, Rochester, NY 14606-4817, 645 SPENCERPORT RD is on the left.

If you reach Gates Manor Dr you've gone a little too far.

Use of directions and maps is subject to our [Terms of Use](#). We don't guarantee accuracy, route conditions or usability. You assume all risk of use.

YOUR TRIP TO:

911 Brooks Ave, Rochester, NY, 14624-3107



6 HR 30 MIN | 385 MI

Est. fuel cost: \$27.00

CENTRAL ISLIP to LEXINGTON HOTEL - ROCHESTER AIRPORT



1. Start out going **northwest** on Wheeler Rd/County Hwy-17 toward McGowan Ln.

Then 0.49 miles ----- 0.49 total miles



2. Turn **left** onto Motor Pkwy/County Hwy-67.
If you reach Marlo Ln you've gone a little too far.

Then 1.30 miles ----- 1.79 total miles



3. Turn **left** onto Express Dr N.
Express Dr N is just past Express Dr S.

If you reach Old Willlets Path you've gone a little too far.

Then 0.13 miles ----- 1.91 total miles



4. Merge onto I-495 W/Long Island Expy W via the ramp on the **left**.

Then 28.10 miles ----- 30.01 total miles



5. Take the **Cross Is Pkwy N** exit, EXIT 31N, toward **Whitestone Br.**

Then 0.46 miles ----- 30.47 total miles



6. Merge onto Cross Island Pkwy N.

Then 3.14 miles ----- 33.61 total miles



7. Merge onto I-295 N via EXIT 33 toward **Throgs Neck Br/Bronx/New England**
(Portions toll).

Then 3.10 miles ----- 36.71 total miles


















8. Keep **left** to take I-295 N/Cross Bronx Expy W toward **I-95 S/Geo Washington Br.**

Then 1.90 miles ----- 38.61 total miles



9. I-295 N/Cross Bronx Expy W becomes I-95 S.

Then 4.71 miles ----- 43.31 total miles

- 
10. Keep left to take I-95 S toward George Washington Br/Upper Level (Crossing into New Jersey).
 ----- Then 2.46 miles ----- 45.78 total miles
- 
11. Keep left to take I-95 (EXPRESS) S/New Jersey Tpke S toward I-80/Paterson.
 ----- Then 2.62 miles ----- 48.40 total miles
- 
12. Merge onto I-80 W via EXIT 69 on the left toward Paterson.
 ----- Then 22.38 miles ----- 70.78 total miles
- 
13. Keep left to take I-80 (EXPRESS) W toward Netcong/Del Water Gap.
 ----- Then 2.01 miles ----- 72.79 total miles
- 
14. I-80 (EXPRESS) W becomes I-80 W (Portions toll) (Crossing into Pennsylvania).
 ----- Then 61.94 miles ----- 134.73 total miles
- 
15. Keep right to take I-380 N via EXIT 293 toward Scranton.
 ----- Then 23.61 miles ----- 158.34 total miles
- 
16. Keep left to take I-380 N toward I-84 W/I-81/Scranton.
 ----- Then 4.06 miles ----- 162.40 total miles
- 
17. Keep right toward US-6 W/PA-347/Binghamton.
 ----- Then 0.43 miles ----- 162.83 total miles
- 
18. Merge onto I-81 N via the exit on the left toward Binghamton (Crossing into New York).
 ----- Then 58.33 miles ----- 221.16 total miles
- 
19. Keep right to take I-81 N toward Syracuse.
 ----- Then 1.80 miles ----- 222.96 total miles
- 
20. Keep left to take I-81 N toward Syracuse.
 ----- Then 70.00 miles ----- 292.96 total miles
- 
21. Merge onto I-690 W toward Fairgrounds/Baldwinsville.
 ----- Then 8.75 miles ----- 301.71 total miles
- 
22. Take the I-90 exit, EXIT 1, toward Thurway.
 ----- Then 0.76 miles ----- 302.47 total miles
- 
23. Merge onto I-90 W/New York Trwy W toward Buffalo (Portions toll).
 ----- Then 72.64 miles ----- 375.10 total miles
- 
24. Merge onto I-390 N via EXIT 46 toward Rochester.
 ----- Then 9.38 miles ----- 384.48 total miles

YOUR TRIP TO:

645 Spencerport Rd, Rochester, NY 14606-4817



7 MIN | 4.2 MI

Est. fuel cost: \$0.42

Trip time based on traffic conditions as of 1:59 PM on February 1, 2017. Current Traffic: Heavy

HOTEL to AMF GATES LANES



1. Start out going west on Brooks Ave/NY-204.

Then 0.05 miles ----- 0.05 total miles



2. Merge onto I-390 N.

Then 1.90 miles ----- 1.95 total miles



3. Keep left to take NY-390 N/Rochester Outer Loop Hwy N.

Then 0.61 miles ----- 2.56 total miles



4. Take the NY-31/Lyell Ave exit, EXIT 21.

Then 0.20 miles ----- 2.76 total miles



5. Turn left onto Lyell Ave/NY-31. Continue to follow NY-31.

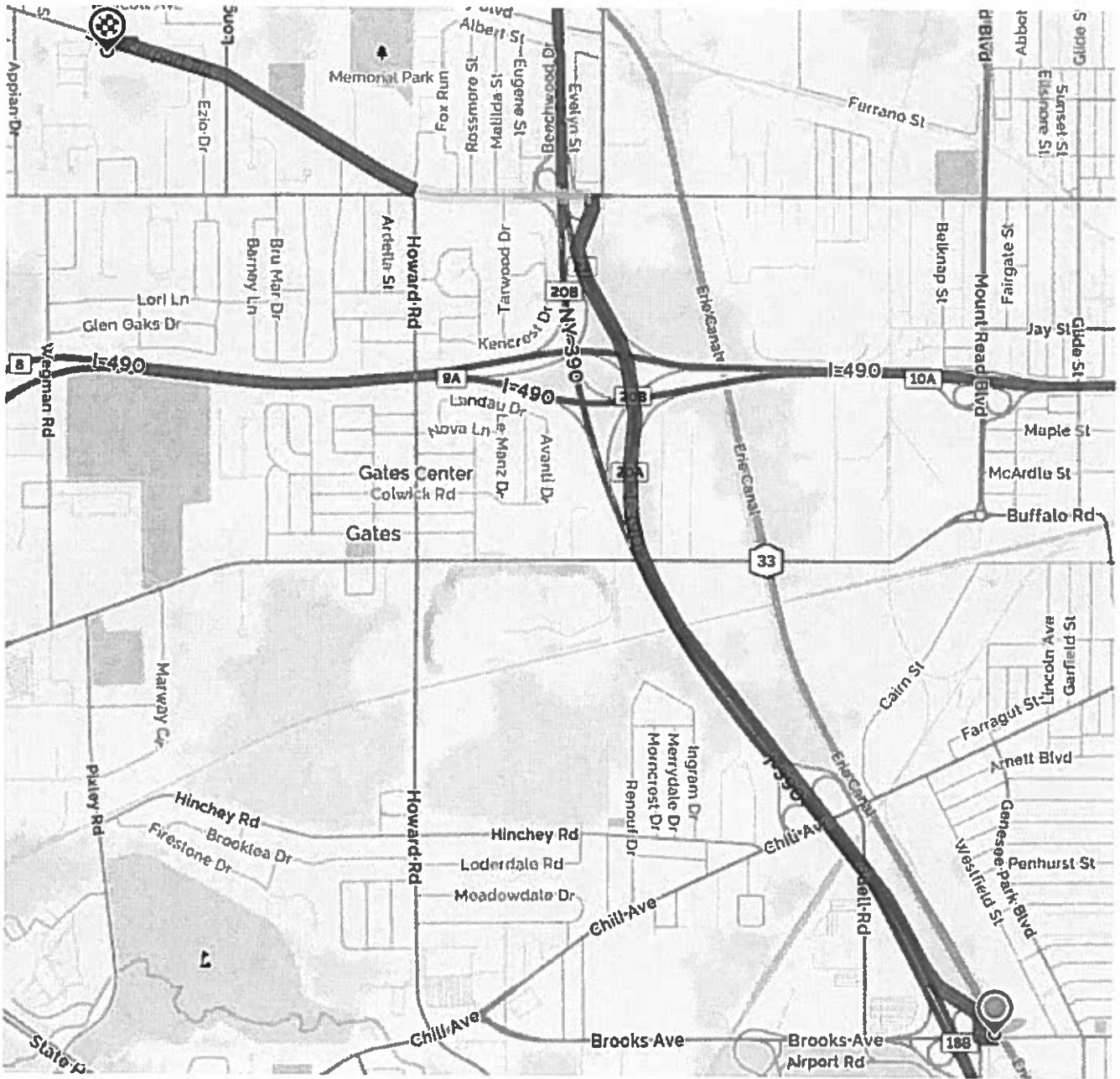
Then 1.45 miles ----- 4.21 total miles



6. 645 Spencerport Rd, Rochester, NY 14606-4817, 645 SPENCERPORT RD is on the left.

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Popular Restaurants in Rochester

Dinosaur Bar-B-Que
99 Court Street
Rochester, NY 14604
585-325-7090

Dogtown
691 Monroe Avenue
Rochester, NY 14607
585-271-6620

Gate House
274 Goodman Street
Rochester, NY 14607
585-473-2090

Good Luck Restaurant
50 Anderson Avenue
Rochester, NY 14607
585-340-6161

Sticky Lips Pit BBQ
625 Culver Road
Rochester, NY 14609
585-288-1910

Tournedos Steakhouse
26 Broadway Street
Rochester, NY 14607
585-269-3888

The Owl House
75 Marshall Street
Rochester, NY 14607
585-360-2920

Tony D's Coal Fired Pizza
288 Exchange Boulevard
Rochester, NY 14623
585-340-6200

Rohrbach Buffalo Road Brewpub
3859 Buffalo road
Rochester, NY 14624
585-594-9800

Lento
274 N Goodman Street
Rochester, NY 14607
585-271-3470

Highland Park Diner
960 Clinton Avenue
Rochester, NY 14619
585-461-5040

Rochester Tap Room
284 Exchange Boulevard
Rochester, NY 14608
585-319-3388

Tapas 177
177 Saint Paul Street
Rochester, NY 14604
585-262-2090

SEA Restaurant
741 Monroe Avenue
Rochester, NY 14607
585-473-8031

Harry G's NY Deli & Cafe
678 South Avenue
Rochester, NY 14620
585-256-1324

New Ming
1132 Monroe Avenue
Rochester, NY 14620
585-271-7267

Nick Tahou Hots
320 W. Main Street
Rochester, NY 14608
585-436-0184

Campi's Restaurant
205 Scottsville Road
Rochester, NY 14611
585-235-7205

Looking for something to do while in Rochester, go to www.VisitRochester.com

Local Restaurants to AMF Gates Lanes

Saigon Pho	Pizza Hut	Martusciello's Bakery
1384 Lyell Avenue	475 Spencerport Road	2280 Lyell Avenue
Rochester, NY 14606	Rochester, NY 14606	Rochester, NY 14606
585-371-7094	585-247-0760	585-247-0510
Antonetta's Restaurant	Olympia Family Restaurant	Forklift Cafe
1160 Jay Street	2380 Lyell Avenue	1600 Lexington Ave
Rochester, NY 14611	Rochester, NY 14606	Rochester, NY 14606
585-328-1830	585-429-6231	585-458-2111
Fiamma	Hunan Garden	Steve T. Hots & Potatoes
1308 Buffalo Road	781 Spencerport Road	2260 Lyell Avenue
Rochester, NY 14624	Rochester, NY 14606	Rochester, NY 14606
585-270-4683	585-247-4630	585-429-6388
Calabresella Importers of Italian & Greek Food		Papa Joe's Italian Eatery
1386 Buffalo Road		485 Spencerport Road
Rochester, NY 14624		Rochester, NY 14606
585-235-7860		585-247-7920
Rick's Prime Rib House	Valicia's Ristorante	Genesee Brewhouse
898 Buffalo Road	2155 Long Pond Road	25 Cataract Street
Rochester, NY 14624	Rochester, NY 14606	Rochester, NY 14605
585-235-2900	585-247-5930	585-263-9200
Savastano's Pizzeria & Bakery	Roncone's Italian Restaurant	Agatinas Restaurant
477 Spencerport Road	232 Lyell Avenue	2967 Buffalo Road
Rochester, NY 14606	Rochester, NY 14608	Rochester, NY 14624
585-247-0448	585-458-3090	585-426-0510

The Greece Ridge Mall (271 Greece Ridge Center Dr. Roch, NY 14626) is 10 minutes from the Lanes and has about 200 restaurants and a food court.

2016-2017 Local Advertising Agreement for NYSPHSAA State Championship Programs



Advertising sizes and rates			
Number of Championship Events	Full page	1/2 Pg	1/4 Pg
1 event	\$215	\$150	\$100
2 events	\$325	\$225	\$150
3 events	\$405	\$275	\$195
4 events	\$600	\$405	\$325
5 events	\$725	\$550	\$400
6 events	\$900	\$700	\$450
7 events	\$1,050	\$805	\$495
all 25 sports	\$1,500	\$960	\$650

FOR OFFICE USE ONLY
 Pd. Date _____
 Check # _____
 Amount _____
 Size _____

- TO EXECUTE YOUR AD COMMITMENT:**
- Sign and complete this advertising agreement
 - Submit your payment
 - E-mail your advertisement camera-ready (exact sizes as above)

LOCAL RATES Apply ONLY to: High Schools, Booster Clubs, HS Coaches Assoc., HS Officials Assoc., Parents, Small businesses
 Add \$150 per program for back cover, inside back cover and inside front cover in full color. (if available)
 Add \$100 for color ad on an inside page (any size).

NOTE: Advertiser agrees to furnish copy and/or artwork. If no material is submitted for paid ad space, publisher shall use own discretion on creating ad copy. **Publisher cannot accept any corrections after deadlines.** Publisher will not assume liability for accuracy of advertising copy. **Acceptable camera-ready copy is requested for all ads.** Unless otherwise stated on this agreement publisher will not provide advertiser proofing opportunity. Requests for published programs must be submitted in writing or e-mail.
 All ads and inquiries must be emailed to Don Knataitis (cpsportswear@hotmail.com)
****ALL AD DEADLINES ARE 3 WEEKS BEFORE EACH STATE CHAMPIONSHIP****

PLEASE COMPLETE THE FOLLOWING:

Company _____ Print Name _____
 Street _____ City/State/Zip _____
 Telephone () _____ Fax () _____
 Email _____
 Authorization _____ Date _____
 Please check one of the following: Same ad as Last Year Camera ready artwork (will be emailed)
 (page number in last year's program _____)
 Other instructions/Comments _____
 Advertising in # of Sports _____ List Sports _____

ADVERTISING RATE (ABOVE)\$ _____
 OPTIONS (ABOVE) \$ _____
 TOTAL DUE \$ _____

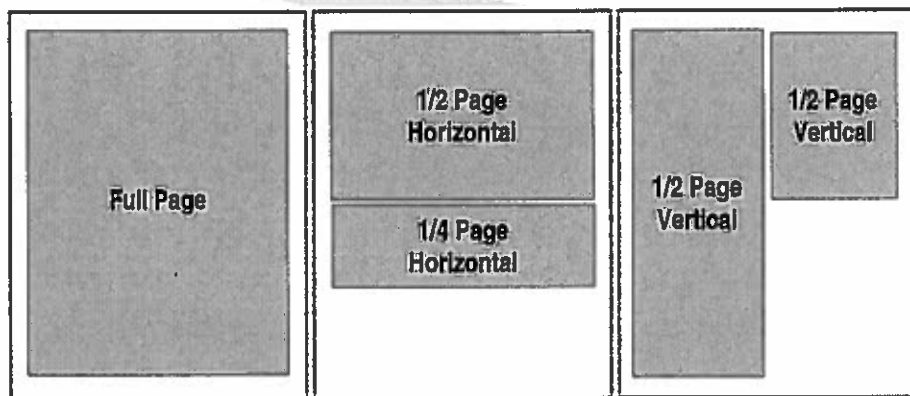
Please make checks payable to:
 CP Sportswear
 Attn: Don Knataitis
 8054 Lanning Rd.
 Naples, NY 14512

SEE BACK FOR AD SPEC AND EVENT DATES

All advertising inquiries can be directed to:
 Don Knataitis
cpsportswear@hotmail.com
 505 274 6102

2016-2017 NYSPHSAA Ad Specifications

Ad Size	Width	Height
Full Page	7.5 in	9.75 in
Half Page Vertical	3.625 in	9.75 in
Half Page Horizontal	7.5 in	4.75 in
1/4 Page Vertical	3.625 in	4.75 in
1/4 Page Horizontal	7.5 in	2.25 in



File Formats

We support PDF or jpg file

- All files/image must be in grayscale (unless back cover, or inside covers)
- All files/images must be 300 dpi resolution
- Embed all fonts

NOTE: Email above information to: cpsportswear@hotmail.com

Ad Submission Deadline

3 weeks before State Event

Fall '16 Event Dates

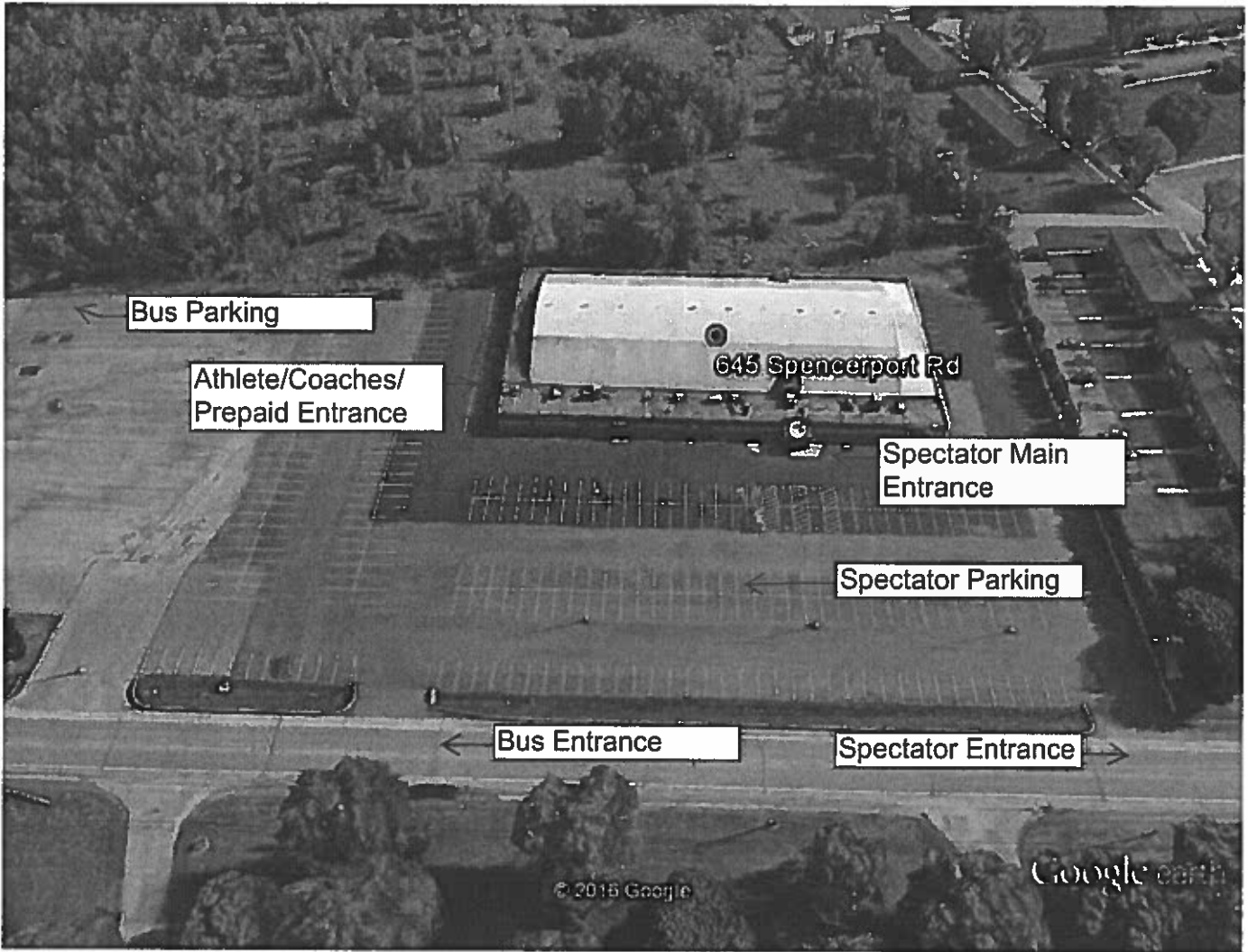
Oct 29 - 31 G Tennis - Sound Shore Indoor Tennis, Port Jefferson
 Nov 12 B & G Cross Country @ Chenango Forks
 Nov 12 -13 G Soccer @ Cortland
 Nov 12 -13 Field Hockey @ Maine-Endwell HS
 Nov 12-13 B Soccer @ Middletown High School
 Nov 19 Boys Volleyball @ Suffolk CC
 Nov 19 - 20 Girls Volleyball @ Glens Falls Civic Center
 Nov 18-19 Football East Semifinals @ Dietz Stadium
 Nov 18-19 Football West Semifinals @ Cicero-N Syracuse
 Nov 18-19 G Swimming/Diving @ Ithaca College
 Nov 25 - 26 Football Finals @ Carrier Dome, Syracuse

Winter '17 Event Dates

Feb 24 -25 Wrestling @ Times Union Center, Albany
 Feb 27-28 B/G Skiing @ Bristol Mountain
 Mar 3 - 4 B Swimming/Diving @ Nassau Aquatics Center
 Mar 4 G Gymnastics @ Cold Springs Harbor HS
 Mar 4 Competitive Cheerleading @ SRC Center, Syracuse
 Mar 4 B/G Indoor Track/Field @ Ocean Breeze Complex
 Mar 4 - 5 B/G Bowling @ Gates Bowl, Rochester
 Mar 11-12 Ice Hockey @ HARBORCENTER, Buffalo
 Mar 17 - 19 G Basketball @ HVCC, Troy
 Mar 17 - 19 B Basketball @ Floyd Maines Arena, Binghamton

Spring '17 Event Dates

June 1 - 3 B Tennis @ National Tennis Center, Flushing
 June 2 - 4 G Golf @ Bethpage State Park, Farmington
 June 3 - 5 B Golf @ Cornell University
 June 7 B Lacrosse West Semis @ CNS & St. John Fisher
 June 7 B Lacrosse East Semis @ Ualbany & Adelphi
 June 9 - 10 Baseball @ Binghamton Area
 June 9 - 10 B/G Track @ Union-Endicott HS
 June 9-10 G Lacrosse @ SUNY Cortland
 June 10 Softball - Moureau Recreation Park, Moreau
 June 10 B Lacrosse Finals @ St. John Fisher, Pittsford



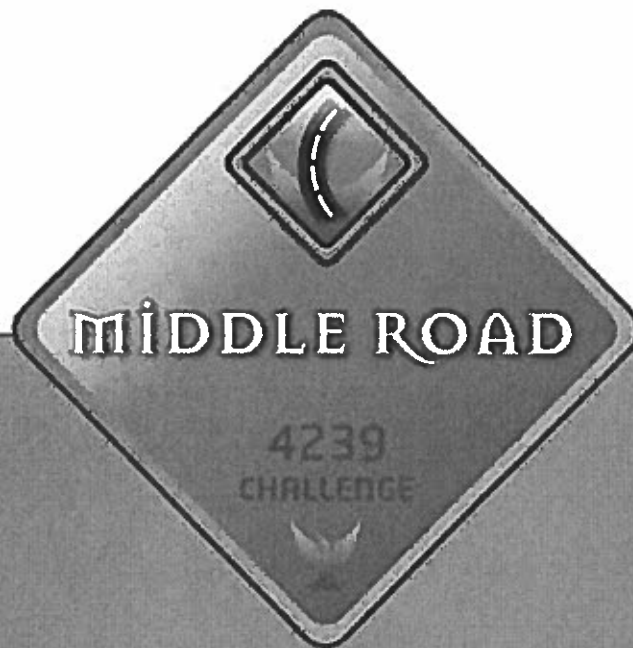
Google earth





CHALLENGE
SERIES

KEGEL NAVIGATION PATTERNS





KEGEL NAVIGATION PATTERNS

CHALLENGE SERIES



MIDDLE ROAD 4239

In political terms, this pattern is centrism in nature because the characteristics lie between the extremes of having to play too far to the right or too far to the left. The MIDDLE ROAD is a 39 foot pattern that is moderately challenging; it's not too easy and it's not too tough. The best mindset and line for this pattern is usually somewhere near the middle of the road.

Latitude Ratio Coordinates

22' 4.2 to 1

37' 3.2 to 1

Longitude Ratio Coordinates

Outside Taper 4.0 to 1

Inside Taper 2.9 to 1

Pattern Distance

39 Feet

Pattern Volume

Forward 11.90 mL

Reverse 10.95 mL

Total 22.85 mL



KEGEL NAVIGATION PATTERNS

CHALLENGE SERIES

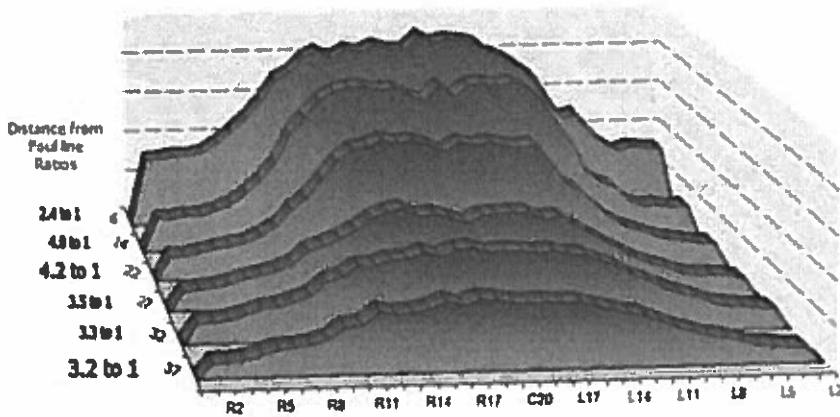


MIDDLE ROAD 4239

Latitude Ratio Coordinates

22' 4.2 to 1

37' 3.2 to 1



The 2D chart on the left was generated by Lane Monitor showing select tapes and ratios at key distances throughout the pattern. USBC Sport Bowling ratios are calculated at 22' and 2' before the end of the pattern. All Latitude Ratio Coordinates are calculated from these two distances.

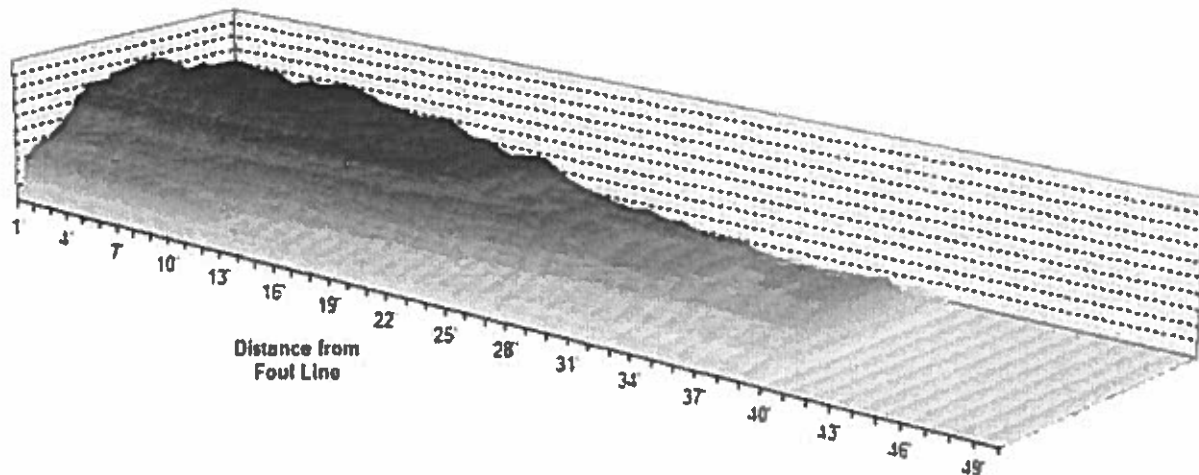
Latitude ratios in the last half of the pattern can be an indicator of the difficulty of a pattern. Generally, the lower the ratios down lane, the more difficult the pattern.

Longitude Ratio Coordinates

Outside Taper 4.0 to 1

Inside Taper 2.9 to 1

The 3D chart below was generated by taking tapes every foot of the pattern. This gives a visual of how the conditioner tapers off from the front to the end of the pattern.





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MIDDLE ROAD 4239

Kegel Sanction Technology™ Lane Machine Settings

Oil per Board (Pump Setting): 50 μ L

Pattern Distance: 39 feet

Forward Settings										
Screen #	Left End of Stream	Right End of Stream	# Loads or Streams	Travel Speed (in/sec)	Beginning Distance of Load (feet)	Ending Distance of Load (feet)	# Boards Crossed per Load	Total Boards Crossed	Total Volume of Oil (μ L)	
01F	2	2	2	14.00	0.00	1.90	37	74	3700	
02F	6	6	1	14.00	1.90	3.80	29	29	1450	
03F	8	8	1	14.00	3.80	5.70	25	25	1250	
04F	10	10	3	14.00	5.70	11.60	21	63	3150	
05F	12	12	2	18.00	11.60	16.70	17	34	1700	
06F	14	14	1	18.00	16.70	19.20	13	13	650	
07F	2	2	0	18.00	19.20	26.00				
08F	2	2	0	22.00	26.00	32.00				
09F	2	2	0	30.00	32.00	39.00				
Forward Buff Screens: 3			Forward # Boards Crossed Volume mL					238	11.90	
Reverse Settings										
Screen #	Left End of Stream	Right End of Stream	# Loads or Streams	Travel Speed (in/sec)	Beginning Distance of Load (feet)	Ending Distance of Load (feet)	# Boards Crossed per Load	Total Boards Crossed	Total Volume of Oil (μ L)	
01R	2	2	0	30.00		32.00				
02R	13	13	2	22.00	32.00	25.80	15	30	1500	
03R	11	11	2	18.00	25.80	20.70	19	38	1900	
04R	9	9	1	18.00	20.70	18.20	23	23	1150	
05R	7	7	2	18.00	18.20	13.10	27	54	2700	
06R	2	2	2	18.00	13.10	8.00	37	74	3700	
07R	2	2	0	14.00	8.00	0.00				
08R										
09R										
Reverse # Boards Crossed Volume mL								219	10.95	
Forward plus Reverse Boards Crossed Volume mL								457	22.85	





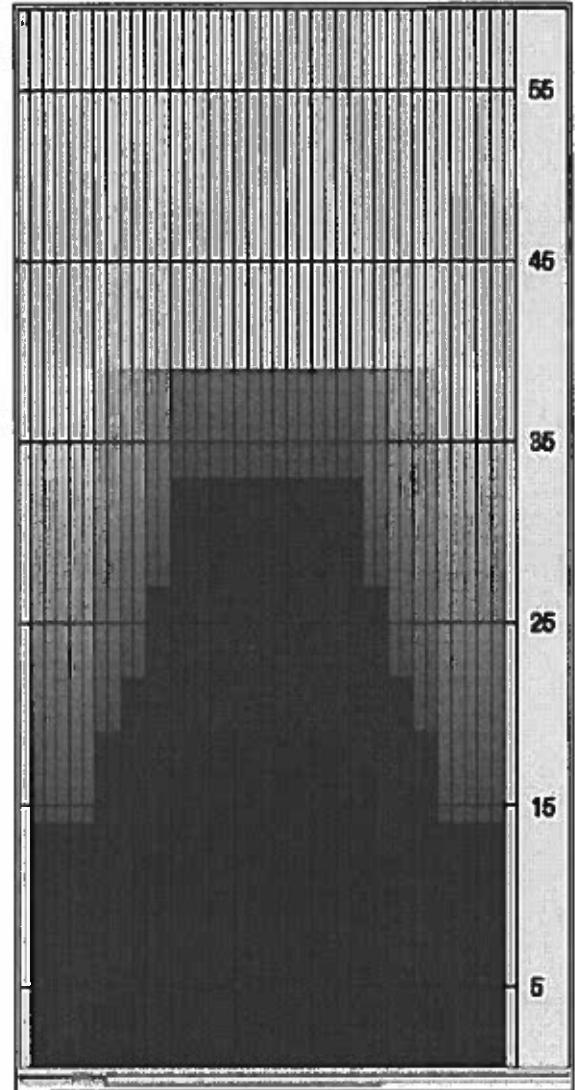
KEGEL NAVIGATION PATTERNS

CHALLENGE SERIES



MIDDLE ROAD 4239

Forward Oil
Reverse Oil
Combined Oil
Buff Area



The charts on this page are generated by Kegel's KOSI software from the lane machine program sheet.

The **OVERHEAD CHART** on the right shows where the conditioner is applied on both the forward and reverse screens. The gradient area is a calculation of how the conditioner might bleed off the buffer brush.

The **COMPOSITE GRAPH** below shows the total amount of conditioner applied to every board. A good way to think about this graph is to envision all the conditioner on the lane being pushed back to the foul line. Once all the conditioner is stacked up, this is what it would look like.

